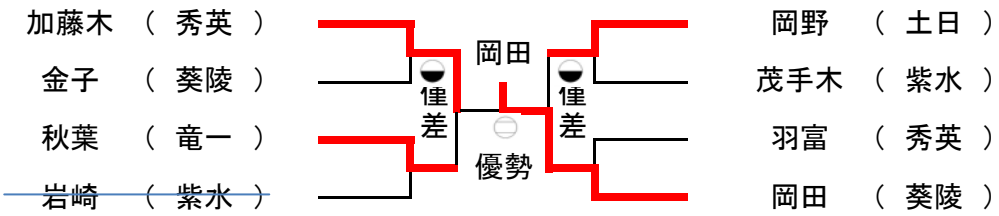女子個人戦63kg級